

A vibrant, high-angle photograph of a glass filled with bright yellow juice. Several fresh green mint leaves are floating on the surface. A black and white striped paper straw is inserted into the glass. The background is a soft-focus arrangement of orange slices and a blue surface. The image is framed by a colorful border of orange, blue, and teal blocks.

KeishaLuke

# *Juice Cleanse*

**SAMPLE VEGAN MEALS**

## Asian Stir-fry

*Crisp Asian veggies stir-fried in a ginger, garlic soy sauce. Served w/ zucchini noodles.*

## Quinoa Veggie Fried Rice & Split Pea Soup

*Quinoa with vegetables lightly stir-fried in a ginger sesame soy sauce. \*Contains egg.\* Comes with a side of soup that's made with split peas simmered with curry, cumin and garlic.*

## Veggie It Up & Moroccan Carrot Soup

*Sautéed mixed veggies: kale, broccoli, carrots, cauliflower served with brown rice, along with a side of soup that's made with fragrant spices of cinnamon, cumin, allspice, cayenne pepper and accents of coriander.*

## Sweet Potato Bowl

*Pan-seared sweet potatoes seasoned with cumin & turmeric. Served with a garlic red cabbage, mushrooms & broccoli on brown rice.*

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